### बिमारियों से छुटकारा। वैकल्पिक चिकित्सा द्वारा।।



Ancient-Acupressure & Reflexology



Traditional-Acupuncture



Modern-Auricular Acupuncture



Neuro-Scalp Acupuncture



Facial Acupuncture-Cosmetic & Beauty



Deep Gua-Sha Massage



Fire Element-Cupping



Yogic-Moxibustion



**Dry Cupping-Suction Tissues** 



Herb-Heat Potli Compression



Deep Tissue-Gun Massager



Wet Cupping- Detoxification

9555946931

#### बिमारियों से छुटकारा। वैकल्पिक चिकित्सा द्वारा।।

अधकपारी या माइग्रेन रोजाना सिर में दर्द चक्कर आना सर्वाइकल स्पॉन्डिलाइटिस फ्रोज़न शोल्डर कोहनी का दर्द पीठ दर्द व स्लिप डिस्क साइटिका अर्थराइटिस व घुटनों में दर्द एड़ी में दर्द एसिडिटी व गैस कि शिकायत पेप्टिक अल्सर व मुहँ का अल्सर



Migraine
Chronic Headache
Vertigo
Cervical Spondylitis
Frozen Shoulder
Tennis Elbow
Slip Disc or Backache
Sciatica Problem
Arthritis or Knee Pain
Heel pain or Planter Fasciitis
Acidity/Intestinal Gastro/Indigestion
Peptic Ulcer / Mouth Ulcer

## Benefits of Alternative Therapy

# No Surgery | No use of Drugs & No Side-Effects

The ancient and natural-healing-health-science helping millions of people around the globe.

- 1) Accurate and Instant diagnosis & prognosis by applying pulse reading, tongue diagnosis and five elements Acu-points.
- 2) The multiple modalities of therapies ensures quick relief and the best pain management solution.
- 3) Experience instant clinical relief & holistic health solution.
- 4) Stress relief: relaxes your mind and body completely.
- 5) Sound sleep: improves your concentration and focus.
- 6) Improved digestion system: ensures proper digestion of nutritive values & essential minerals.
- 7) Enhance your strength and boost your energy.
- 8) Immunity enhancement: shield yourself from serious, dangerous and deadly infections.
- 9) Healthy heart condition: keeps the blood pressure under control and minimise risk factors.
- 10) Lead blissful spousal-arousals and enjoy your blessed moment.



#### ISHA HEALTHCARE FOUNDATION



Treatment | Research & Training Centre

ACUPRESSURE | ACUPUNCTURE | MOXIBUSTION | DRY-WET-FIRE CUPPING | GUA-SHA | HERBAL POTLI

**Regd. by:** Govt. of India, U/A-1999, U/S-23(2), Rule 56(1), TM Registration No. 2549663 **Powered by:** (AIMA) **AAYUSH** International Medical Association, Membership No. ND-1301

Certified by: INDIAN BOARD OF ALTERNATIVE MEDICINE, Regd. No. IBAM/RMP/A-22839

Certified by: ACUPRESSURE RESEARCH AND TRAINING INSTITIUTE, Regd. No. 12099/14335

Isha Clinic: D-3, Anand Vihar, Nangli Sakrawati, Near Nangli Metro Station, Gate No. 1, Mani Najafgarh Road, Delhi-110043

**OPD Timings**: Monday to Saturday 9:00 am – 8:00 pm | **Spl. OPD Timing:** Sunday – 10:00am – 2:00pm (Only Appt. basis)

M:9555946931

Stay healthy & stay blessed

स्वस्थ रहें और सुरक्षित रहें \*\*नियम और शर्त लागू

\*\*T&C apply